

# Charles Cole TODAY Calendar

For a complete calendar of events, visit [www.charlescoleshospital.com](http://www.charlescoleshospital.com).

**Alzheimer's Support Group**, second Wednesday of each month, 10 a.m., hospital conference room, for more information, call 274-9301, ext. 1436

**Bereavement Support Group**, fourth Tuesday of each month, 7 p.m., Patterson Cancer Care Center

**Breastfeeding Support Group**, first Thursday of each month, 6:30 p.m., OB floor, for more information, call 274-9301, ext. 1243

**Cancer Support Group**, third Monday of each month, 7 p.m., Patterson Cancer Care Center

**Hospice Clinic and Support Group**, last Thursday of each month, 1-3 p.m., Patterson Cancer Care Center, for more information, call 274-0384

**Therapeutic Touch**, second Thursday of each month, 7 p.m., Patterson Cancer Care Center, for more information, call 274-9301, ext. 1487

**Victorious Losers**, weight loss surgery support group, second Wednesday of each month, 7 p.m., hospital conference room, for more information, call 260-5550

**Vision Support Group**, last Wednesday of each month, 12 p.m., Irwin Rehabilitation Center, call 274-6180

## October

Eye Injury Prevention Month • Healthy Lung Month • Hal-loween Safety Month • National Breast Cancer Awareness Month • National Chiropractic Month • National Dental Hygiene Month • National Domestic Violence Month • National Down's Syndrome Month • National Physical Therapy Month • National AIDS Awareness Month • National Spina Bifida Awareness Month • Talk About Prescriptions Month

Prime Time Health, the Importance of Vaccinations, with Dr. Rafael Meller, 11:30 a.m.

21 - Ulysses Senior Center  
28 - Coudersport Senior Center

20 - Ostomy club meeting, 10 a.m., hospital conference room, speaker Amanda Montoya, dietitian

27 - Community Blood Bank blood drive, 11 a.m. - 5 p.m., Gunzburger County building, Coudersport

30 - Community Blood Bank blood drive, 1 - 6 p.m., Harrison Township Community building

## November

American Diabetes Month • Diabetic Eye Disease Month • Lung Cancer Awareness Month • National Alzheimer's Awareness Month • National Healthy Skin Month • National Hospice Month • Pancreatic Cancer Awareness Month • Pulmonary Hypertension Month

Prime Time Health, Winter Skin and Foot Care with Beth Hoff, CRNP, 11:30 a.m.

4 - Coudersport Senior Center  
12 - Galetton Senior Center  
18 - Ulysses Senior Center  
25 - Oswayo Senior Center

3 - Cardiac Rehab and Diabetic Health Fair, 9 a.m. - 12 p.m., Irwin Medical Arts Center lobby

6 - Community Blood Bank blood drive, 1-6 p.m., Austin Area School

7 - Comprehensive Blood Analysis, 7-10 a.m., Shinglehouse Elementary School, register at [www.charlescoleshospital.com](http://www.charlescoleshospital.com) or call 260-5474 (2-5 p.m., Monday-Thursday)

10 - I Can Cope, American Cancer Society program for people facing cancer, 11 a.m., Patterson Cancer Care Center, for more information, call 888/333-5129, option 3

17 - Ostomy club meeting, 10 a.m., hospital conference room, speaker Donna Foust, Area Agency on Aging

20 - Heel screenings, preliminary bone density test, 1-3 p.m., Irwin Medical Arts Center, \$10, call 877/274-8200 to register

## December

Safe Toys and Gifts Month

Happy Holidays!

## CCMH Takes Measures to Reduce Spread of Influenza

Charles Cole Memorial Hospital has implemented changes to its visitation policy, effective immediately, to help fight the spread of seasonal and H1N1 influenza.

The revised visitation policy restricts children under 18 from visiting the hospital. Exceptions may be made for those visiting the hospital's Long Term Care Unit, OB (siblings of newborns), and terminal and critical patients. All other exceptions will be made on a case by case basis. In addition, anyone, regardless of age, who is ill or who has ill household members should not visit the hospital.

All patient rooms at Charles Cole are equipped with phones; family and friends are encouraged to call patients if they cannot visit. E-cards, which are delivered to patient rooms, are also available via the hospital's website, [www.charlescoleshospital.com](http://www.charlescoleshospital.com).

CCMH enacted the revisions to its policy to protect its patients, visitors, and staff as more people are experiencing influenza-like symptoms this fall. Unlike seasonal flu, children seem to be at high risk for H1N1 and can spread the virus easily among the population.

Symptoms of the flu include fever, body aches, runny or stuffy nose, and sore throat. Patients with H1N1 may also have nausea, vomiting, or diarrhea.

Anyone arriving at the hospital for medical care, who suspects he/she may have the flu, should wear a mask which will be available at the main entrance, at provider offices, and the emergency entrance. Patients with influenza-like symptoms should contact their medical provider's office if they feel they need medical treatment.

Steps people can take to prevent the spread of flu include frequent hand washing with soap and water or an alcohol-based hand sanitizer, covering the nose and mouth with a tissue when coughing or sneezing, avoid touching the eyes, nose or mouth, disinfecting surfaces such as tables, counters, doorknobs, and children's toys as the virus can live on surfaces for several hours, and avoiding close contact with people who are sick.

Those who are sick should stay home for at least 24 hours after their fever has subsided without the use of medication. Families are encouraged to have a plan in place should household members become sick. Being prepared includes having a supply of over-the-counter medications, tissues, hand sanitizer/soap, and food, and making arrangements with an employer if people need to miss work due to illness and/or school and child care closings.

Vaccination is the best way to prevent the seasonal flu. People can receive the vaccine from a medical provider or a community flu clinic. The seasonal flu vaccine does not protect against H1N1. Charles Cole has registered with the state Department of Health to receive H1N1 vaccine but has yet to receive a supply. The CDC has recommended that high risk groups be vaccinated first: pregnant women, household contacts and caregivers of children younger than six months, health care and emergency medical services personnel, those six months to 24 years, and those 25 to 64 years with certain health conditions. After the high risk groups have been vaccinated, the general population will be able to receive the H1N1 vaccine.

For more information, visit [www.charlescoleshospital.com](http://www.charlescoleshospital.com), [www.cdc.gov](http://www.cdc.gov) or [www.health.state.pa.us](http://www.health.state.pa.us).

## Did you know?

Charles Cole cares about your health and well-being. If you are not receiving health care because of your inability to pay, contact us about our sliding fee schedule and charity care policy which, based on your income, may qualify you for low cost or no cost medical care. For more information, visit [www.charlescoleshospital.com/services\\_patientfinancial.shtml](http://www.charlescoleshospital.com/services_patientfinancial.shtml) or call 274-5500.

Want the latest news from Charles Cole? Visit <http://www.charlescoleshospital.com/newsreleases.php>

## Flu Clinics Scheduled

Charles Cole and the Potter County Office of Aging, through a grant by the Pennsylvania Department of Health, will provide seasonal influenza (flu) and pneumococcal (pneumonia) vaccines at no cost to Potter County adults this fall.

The immunization clinics are open to all Potter County adults (age 18+) who are elderly, uninsured, underinsured or have limited ability to travel.

Clinics will be held in the following communities:

• November 7 - 7 - 10 a.m., Shinglehouse Elementary School

• November 12 - 9 a.m.-12 p.m., Genesee United Methodist Church

• November 12 - 2-5 p.m., Harrison Valley Community Building

• November 13 - 9 a.m.-1 p.m., Coudersport Senior Center

• November 16 - 10 a.m.-1 p.m., Austin Firehall

• November 18 - 10 a.m.-12 p.m., Galetton Senior Center

• November 20 - 11 a.m.-2 p.m., Roulette Human Services

• November 25 - 9 a.m.-12 p.m., Ulysses Senior Center

• December 7 - 4-7 p.m., Coudersport Wellness Center (pending available vaccine)

• December 10 - 5-8 p.m., Coudersport Wellness Center (pending available vaccine)

## CCMH'S ON THE MOVE

Several offices at Charles Cole relocated recently.

• **Dr. Rafael Meller** moved from the Patterson Cancer Care Center to the first floor of the Irwin Medical Arts Center, in the space previously occupied by Dr. Bhat. **274-8036**

• **Women's Health** moved to the ground floor of the IMAC. **274-5470**

• **Dr. Celso Backes and Dr. Max Laurore, OB/GYN**, moved to the ground floor of the IMAC. **274-7101**

• **Dr. Sampath Neerukonda** moved to the first floor of the IMAC. **274-4837**

• **Champion Orthopedics & Sports Medicine** moved from the IMAC to the space previously occupied by Women's Health. **274-0900**

Fall 2009



## Telemedicine Keeps Patients Close to Home



Patient Scott Tubbs consults with Dr. Andrew Watson at UPMC using telemedicine at Charles Cole. Also pictured, from left, are Dr. Frank Horn, and Netra Baker, RN, who uses a handheld camera to capture close up images for Dr. Watson.

Hamot Institute.

Clinicians at CCMH can use the technology, which includes a large, high definition screen, with clinical accessories including a stethoscope and video camera for real time assessment. The off-site provider is able to discuss a patient's clinical history and presenting health issues as well as see and hear everything that is happening in the patient room in Coudersport.

Telemedicine can accomplish the same high level, quality care with significantly reduced travel, financial investment, time commitment and reliance on friends and family, Jackson said.

Scott Tubbs didn't realize the impact of telemedicine until he really needed it. Tubbs was trying to rid his property of some ground bees in September when he suffered major burns. From CCMH, he was transferred to UPMC Mercy, a Level I trauma and burn center in Pittsburgh. After being discharged from the burn center and sent home to Coudersport, he faced the reality of several return trips to Pittsburgh for follow up visits with his burn specialist at Mercy Hospital.

After Dr. Andrew Watson, surgeon and vice president, international and commercial services division at UPMC, learned of Charles Cole's telemedicine capabilities, he agreed to see Tubbs using the technology.

"The tele-burn consult represents one of the most sophisticated forms of telemedicine. A patient can save eight hours of travel time, weather permitting, and still receive excellent specialist care. The tremendous resources at Charles Cole were utilized as skilled surgeons were able to perform specialty burn surgical care under the supervision of a specialized burn team four hours away in Pittsburgh," Dr. Watson said.

That convenience meant a lot to Tubbs' family. He explained that in order to see his doctor at UPMC, he would have had to take time off from his job and travel four hours one way. Being able to see a UPMC doctor, in Coudersport, via telemedicine, was much more cost effective, he said. But in addition to the convenience, he said using the technology did not sacrifice quality. In fact, he said using telemedicine was better because he not only saw Dr. Watson but also had CCMH's Dr. Frank Horn in the exam room, giving him the opportunity to consult with two physicians. Tubbs said he would definitely recommend telemedicine to others.

"Telemedicine fundamentally changes the way we take care of patients; it uncouples the traditional belief that patients and providers have to be side by side. Health care today is focused on cost, quality and access and telemedicine is one of the prominent ways we can achieve success in these areas," Dr. Watson said. "Telemedicine represents a new way for independent and rural hospitals to preserve their identity with increased access to specialty and tertiary centers."

"Telemedicine allows us access to the best care, not second rate care," said Netra Baker, director of staff development and professional enrichment at CCMH. "The possibilities are practically endless with this technology. If we can connect a patient with a physician in a more specialized health system, we are providing the very best patient-centered care."

## CCMH Hosts Rural Trauma Course



From left, Dr. David Kulling, Dr. Waldemar Szczupak, and Gail Faulstick, RN, of Charles Cole's emergency department, evaluate a "trauma patient" during a rural trauma course at Charles Cole.

The training day included patient care case scenarios with skill practice in mock patient care delivery with trauma and emergency emphasis.

The training helped prepare the emergency care team at Charles Cole to coordinate care from the field through all hospital interventions to support its patients in need of trauma care.

## WHY DRIVE OUT OF TOWN?

Big City Quality, Hometown Care Right Here at the Patterson Cancer Care Center by Ed Hardesty, executive director, medical staff relations, clinic operations



Our region is extremely fortunate to have the Patterson Cancer Care Center at Charles Cole Memorial Hospital.

The cancer center first opened in 1999 and has grown into a full service cancer center with medical oncology, hematology, and radiation oncology treatment services.

The center is a beautiful, state-of-the-art facility but it's the staff who makes the PCCC a very special place. In nearly 40 years of health care service, I have never worked with a more qualified group of professionals.

All of our physicians are board certified and work with our certified oncology nurses, nurse practitioner, and radiation therapists to provide the best patient treatment plan according to national standards. That means the treatment regimen at the PCCC and at a large, big city cancer center are the same.

It takes very special individuals to do the necessary work essential in the fight against cancer. You can travel to the largest and most recognized cancer centers in the region, and the country for that matter, and not get any better treatment than you will receive right here in Coudersport.

We are also fortunate to have an American Cancer Society patient resource center at the Patterson Cancer Care Center, making its services readily available to all patients in the region. Charles Cole partners with the ACS to provide support, education, and encouragement. Through joint programs, cancer patients benefit from Look Good...Feel Better, I Can Cope, Man to Man, Relay for Life, Hearts of Hope, and Reach to Recovery. Most recently, the ACS started the Road to Recovery program at Charles Cole which provides patient transportation to and from the cancer center. In addition, Charles Cole and the PCCC were recently selected to receive the American Cancer Society's Division Citation Award for their continued contributions in the advancement of the mission of the ACS. The Division Citation Award is a competitive state award that is given in recognition to one outstanding organization a year.

I am very proud of the staff we have here and can honestly say they are the gold standard in both qualifications and customer service. Patient testimonies are the best indication of the personal touch, quality care services delivered to all who come in contact with any of the staff at the PCCC.

CHARLES COLE MEMORIAL HOSPITAL  
1001 E. Second St.  
Coudersport, PA 16915

Non-Profit Organization  
U.S. Postage  
**PAID**  
Coudersport, PA  
Permit No. 8

CHARLES COLE MEMORIAL HOSPITAL  
BIG CITY QUALITY. HOMETOWN CARE

1001 E. Second St. • Coudersport, PA 16915 • 814/274-9300 • [www.charlescoleshospital.com](http://www.charlescoleshospital.com)

BIG CITY QUALITY  
HOMETOWN CARE

# VISION 2011

# Plan for Excellence

Charles Cole unveiled its new strategic plan, a Plan for Excellence, during the hospital's 2009 annual meeting October 8.

Among the plan are a new mission and vision statement and a set of promises and commitments. The meeting, which serves as an annual report to the community, also included remarks by Charles H. Updegraff, Jr., chairman of CCMH's board of directors, when he recognized some major employee milestones this year including Tom Noe, 35 years of service; Dr. Celso Backes and Dr. Michael Callahan, 34 years; Lucy Lajcsak was named an American Hospital Association patient safety fellow; and Ed Pitchford was named state rural health leader of the year.

Dr. Seth Shifrin presented "A Philosophy of Clinical Excellence," recognizing new providers this year, Dr. Waldemar Szczupak, Dr. Max Laurore, Dr. Saira Bano, Dr. David Kulling, Dr. Beverly Prince, Dr. Nimish Patel, Dr. Saket Prasad, Judy Flynn, CRNP, Dr. James DeMatteis, Frank Zitnik, PA-C, and Beth Hoff, CRNP. Dr. Shifrin also explained updated hospitalist and emergency room models, the Spiraling Upward program, and a clinical focus on core measures, POQR, and new clinical services and equipment.

Ed Pitchford, president and chief executive officer, shared Charles Cole's new and expanded telemedicine capabilities, how the hospital partners with other organizations to add value for patients, the new mission/vision and promises and commitments, the culture of excellence, and the future direction of CCMH including potential new services.

The meeting concluded with a reception and community art showcase, featuring artists who have had artwork on display at the hospital this year: Karen Wolf of Sweden Township; Paul Burdick of Coudersport; and Jessie Vaughn of Ulysses.

## MISSION STATEMENT

**The purpose of Charles Cole Memorial Hospital is to provide excellent health care services, responding to the needs of the communities we serve.**

## VISION STATEMENT

**To achieve our mission and to set a clear direction for this work, our goal is to provide superior clinical outcomes and service satisfaction consistent with our philosophy of clinical excellence and demonstrated by honoring our promises and commitments.**

## PROMISES & COMMITMENTS

**Your healthcare team will provide reliable, safe and coordinated care.**

**Competent, caring professionals will use proven medical best practices.**

**We will be a proactive partner in building healthier communities.**

**We will continually inform you about your hospital, healthcare resources and services.**

**We will foster public trust and positive community relationships.**

**We will keep your hospital financially sound.**



## Charles Cole is spiraling upward

Charles Cole's nurses are Spiraling Upward to enhance nurse retention and patient care.

Spiraling Upward, a grant funded University of North Carolina at Chapel Hill project, partners magnet mentor hospitals with rural hospitals in Pennsylvania to unleash upward spirals of positive change. Charles Cole, paired with Abington Memorial Hospital, was one of five hospitals chosen in the state. Magnet hospitals are those that have earned the highest recognition award from the American Nurses Credentialing Center.

Some of the work being done includes a series of learning collaboration meetings which includes 10 magnet-status hospitals and five new partner hospitals. Several members of the nursing staff have participated in these collaboratives. Charles Cole's mentor hospital, Abington Memorial Hospital, which is located near Philadelphia, achieved magnet status and earned an additional award for excellence in nursing from the ANCC.

This spring, several CCMH nurses traveled to Abington to learn, share and collaborate with the nurses there. Charles Cole hosted nurses from Abington for a site visit in September to meet and learn how Charles Cole strives to provide excellent patient care. Additional audio conferences and conference calls help keep the project connected for continued sharing and learning.

**"It is clearly evident that your staff is engaged and wants to deliver the highest quality of care to their patients. We have much that we can learn from each other."**

**— Mary Lou Kurilla, a nursing administrator at Abington**

Rather than identifying problems, the group uses appreciative inquiry as a component to the project which focuses more on what an organization is doing right, or what works, to create enthusiasm, positive ideas and energy that can spark positive outcomes. Appreciative inquiry results in employee success and satisfaction.

When nurses are more satisfied, they stay at an organization longer. When nurses take ownership of their professional practice (shared governance), it creates confidence and improves patient outcomes. Everyone wants to do a good job and when you combine all of these positive attributes, it creates a domino effect to other professionals throughout the hospital, said Netra Baker, director, staff development and professional enrichment at CCMH.

What's interesting, is that while Charles Cole has taken ideas from the nurses at Abington, the Abington nurses have also been able to take positive ideas and processes that CCMH is doing back to their hospital. While CCMH is rural and Abington is urban, the two share many of the same challenges, Baker said.

"This has been somewhat of a surprise to us since the geographic area and size of our hospitals differ greatly, but we have found that nurses share the same desire to offer the best care to their patients everyday," she said.

The Spiraling Upward project has given Charles Cole a great opportunity to network with many other hospitals and has proved to be a very valuable experience. Additional nurses at CCMH will participate in the future to experience the optimism of the people in this project, Baker said.

All of the project's components are vital in order for CCMH's nurses to begin the journey to achieve the ANCC's Pathway to Excellence designation, which is the ANCC's equivalent of magnet status for smaller hospitals, Baker said.



**A group of Charles Cole nurses attended a learning collaborative at Penn State University as part of the Spiraling Upward program. Pictured, from left, are Charlene Rosenberry, emergency department; Kathy Lowery, short procedure unit; Netra Baker, staff development; Laurie Wahl, med/surg; Bonnie Kratzer, home health/hospice; Kori Woodruff, OB; and Barbara Wadsworth, Abington Memorial Hospital.**

## Charles Cole News Briefs

For more Charles Cole news, visit [www.charlescolememorialhospital.com](http://www.charlescolememorialhospital.com)

◊ Dr. Bradley Giannotti, orthopedic surgeon at Charles Cole Memorial Hospital's Champion Orthopedics and Sports Medicine, spoke to a group of Army surgeons in Texas recently about a new rotator cuff repair technique that can be done arthroscopically. Traditional surgery requires a two or three inch incision in the shoulder. Arthroscopic surgery uses a smaller incision and, while easier on the patient, was more difficult for surgeons in the past. Dr. Giannotti wanted to find a way to do the surgery in a way that would allow patients to heal faster while providing a secure fixation. After brainstorming some design samples and working with a group of bioengineers, Dr. Giannotti and two others co-founded the company, Kfx Medical, and developed the new fixation product which has been used in over 1,500 patients since FDA approval three years ago. The company is preparing to launch a similar system which recently completed testing at the University of Toledo. Dr. Giannotti visited the university's engineering department to test the new anchor for bicep tenodesis, a procedure for repairing a torn or diseased bicep where it originates at the shoulder. Dr. Giannotti has been a member of CCMH's medical staff for over 12 years. He is an American College of Surgeons and American Academy of Orthopaedic Surgeons fellow and is an associate master instructor for the Arthroscopy Association of North America. He also serves on Kfx Medical's scientific advisory board. In addition to his orthopedic practice in Coudersport and Olean, NY, he also serves as a team physician for several area high school sports teams as well as St. Bonaventure University and the University of Pittsburgh at Bradford.



and therapeutic approaches to wounds that have resisted healing. More than 3 million Americans have chronic wounds that won't heal due to diabetes, poor circulation or other conditions.

◊ Dr. David Kulling has passed the recertification examination administered by the American Board of Family Medicine. Dr. Kulling sees patients at the Bowman Health Center in Smethport and also serves as an emergency room physician at CCMH. He completed his family medicine residency at Altoona Hospital and a family practice and primary care sports medicine fellowship at the University of Michigan Medical Center. He is an American Academy of Family Physicians fellow and member of the Pennsylvania Academy of Family Physicians and the American College of Sports Medicine.



◊ Beth Hoff, CRNP recently passed the national acupuncture boards through National Certification Commission for Acupuncture and Oriental Medicine. Hoff recently joined Dr. Rafael Meller's practice at Charles Cole Memorial Hospital where she sees nursing home patients. She recently graduated from the Finger Lakes School of Acupuncture at New York Chiropractic College with a master's degree in acupuncture. In addition, she earned a master's degree and national certification as a pediatric nurse practitioner and a post master's certificate as a family nurse practitioner with national certification. She has over 20 years of nursing experience. During her career as a registered nurse and nurse practitioner, she has worked in numerous capacities at several Pennsylvania hospitals, including Charles Cole, and also served as a nursing instructor at Alfred State College. She is a member of the American Academy of Nurse Practitioners.



◊ Jason Metzger, director of radiation oncology at Charles Cole Memorial Hospital's Patterson Cancer Care Center, recently passed the Medical Dosimetrist Certification Board exam. As a certified medical dosimetrist, Metzger will facilitate radiation oncology treatments with physicians Dr. Hans Baerwald and Dr. David Moylan at the PCCC and help develop optimal treatment plans. While everyone plays a critical role in the delivery of health services, it is the medical dosimetrist who performs, assists, or directs the treatment planning process as designated by the radiation oncologist and medical physicist. Metzger joined CCMH in 2005. He earned an associate degree in radiation therapy at Southern Maine Technical College and a bachelor's degree in radiation sciences at the University of Oklahoma. In addition to his CMD certification, he is a certified radiation therapist and member of the American Registry of Radiologic Technologists, and American Society of Radiologic Technologists.



◊ Lucy Lajcsak, patient safety and compliance officer at Charles Cole Memorial Hospital, was selected as a 2009-10 American Hospital Association patient safety fellow. Lajcsak is one of 12 participants in this year's class which includes members from across the United States and Canada. The fellowship is a year-long leadership development program that provides leaders of hospitals, health systems and other health care organizations with skills necessary to shepherd patient safety initiatives within their organizations. Now in its eighth year, the fellowship has supported approximately 250 leaders across the United States and Canada. In the course of one year, fellows participate in three leadership retreats, complete self study modules, and engage in monthly conference calls. Fellows also carry out action learning projects focused on safety and quality improvements in their home institutions, in which they apply skills and knowledge acquired through the fellowship program. Lajcsak plans to focus her project on enhancing a training and development curriculum for middle managers and their role of delivering safe, reliable health care.



◊ Dr. Jason Tronetti has passed the recertification examination administered by the American Board of Family Medicine. Dr. Tronetti sees patients at Charles Cole Memorial Hospital's Port Allegany Community Health Center. He graduated from the Philadelphia College of Osteopathic Medicine and completed his residency at Geisinger Family Medicine in Danville where he also served as chief resident. He also serves on the hospital's board of directors.



◊ Dr. Frank Horn, general surgery, is a member of the Wound Center staff, where he joins Dr. Bryan Neff and Vicki Copp, RN, certified wound care specialist. Before joining CCMH last fall, Dr. Horn was an active member of the medical staff at Hanover General Hospital since 1979 where he served as medical director of the wound care clinic and performed general, peripheral vascular and thoracic surgery. He earned a medical degree at the University of Pittsburgh School of Medicine and completed a surgical residency at Hershey Medical Center. He is board certified by the American Board of Surgery and is a member of the Fellow American College of Surgeons, York County Medical Society, Pennsylvania Medical Society, and Hershey Surgical Society. Wound Center patients receive diagnostic



## CCMH WELCOMES NEW PROVIDERS

For a complete list of providers, visit [www.charlescolememorialhospital.com/providers.shtml](http://www.charlescolememorialhospital.com/providers.shtml).

### ENT Joins Charles Cole's Medical Staff

Beverly Prince, MD, FACS, recently joined the medical staff at Charles Cole. Dr. Prince, who specializes in otolaryngology (ear, nose and throat), sees pediatric and adult patients at the hospital's Irwin Medical Arts Center in Coudersport. Patients should be referred by their primary care provider. For more information, call 274-5243.

Most recently, Dr. Prince maintained a private practice in Warsaw, NY, and also was a member of the surgical staff at Erie County Medical Center in Buffalo.

She earned a medical degree at the State University of New York Downstate Medical Center, completed a general surgery internship and residency at Kings County Hospital and Beekman Downtown Hospital, respectively, and completed additional ENT and fellowship training at Manhattan Eye, Ear, and Throat Hospital and the Ambulatory Cosmetic Surgery Center, all in the New York City area. She is an American Board of Otolaryngology diplomate and an American Academy of Facial Plastic and Reconstructive Surgery, American Academy of Otolaryngology Head and Neck Surgery, and American College of Surgeons fellow.

Dr. Prince, who recently relocated to Coudersport, looks forward to offering an expanded level of ENT services to the Charles Cole service area, such as head and neck reconstructive and plastic surgery. She also values patient education and working with other providers at CCMH to provide the best care for her patients, she said.



### Charles Cole Adds to its Hospitalist Team

Nimish Patel, MD, joined Charles Cole's hospitalist team of Dr. Brenda Wahlers, medical director, and physician assistants Victor Jackson, Melissa Juliano, and Emily Lynch.

Dr. Patel comes to Charles Cole after earning a medical degree at George Washington University and completing a residency at Drexel University College of Medicine and Hahnemann University Hospital where he served as a clinical educator and chief resident.

He is certified by the American Board of Internal Medicine.



### Zitnik Returns to Bowman Health Center

Frank Zitnik, PA-C, has rejoined the staff at Charles Cole, working with David Kulling, MD, at the Bowman Health Center in Smethport. Appointments can be made by calling 887-5395.

Zitnik previously worked at the Bowman Health Center with Dr. Douglas Bowman for eight years. His health care career spans more than 30 years, having served in numerous capacities, including a charge nurse at CCMH, visiting nurse, and public health director for McKean and Warren counties. During his tenure at CCMH, he also worked with orthopedic surgeon Dr. Bradley Giannotti, at occupational health, and at the Shinglehouse Health Center. For the past three years, he has worked at Bradford Regional Medical Center's occupational and employee health department.

Zitnik earned a bachelor's degree in nursing at West Virginia University and graduated from the physician assistant program at St. Francis College. He is a member of the American Academy of Physician Assistants.

"We are extremely pleased to have Frank back in the Charles Cole family. His experience and previous history with the Smethport practice are welcomed by the communities he serves," said Ed Hardesty, executive director, medical staff relations and clinic operations at CCMH.

