

Big City Quality, Hometown Care Your Championship Team

They're a championship team! Just ask Dirk Cowburn, a state champion wrestler whose knee injury threatened to sideline his shot at a state title. Or ask the active 84-year-old whose hip replacement restored her active lifestyle. They are just two of the thousands who know that they don't have to leave the area to have access to "big city" orthopedic services.



Terrance Foust, D.O.

This month, a new orthopedic surgeon returns to his hometown to join Champion Orthopedics and Sports Medicine. Terrance L. Foust, D.O. joins the medical staff of Charles Cole Memorial Hospital July 14, bringing with him a special interest in spine surgery, a new medical service in this area.

Dr. Foust recently completed a residency in Orthopedic Surgery at Pinnacle Health System, Harrisburg, where he was chief resident. During his time there, he participated in more than 4,500 surgeries – over 1,500 of which were spine surgeries.

He earned his medical degree at the Philadelphia College of Osteopathic Medicine and his bachelor's degree at the Pennsylvania State University. Dr. Foust also has a background as a physical therapist assistant.

The concept of Champion Orthopedics and Sports Medicine was launched when sports

medicine specialist Seth Shifrin joined the established orthopedic practice of Dr. Bradley Giannotti.

Together with specially trained physician assistants Kevin George and Todd Rudy, they offer comprehensive orthopedic care and sports medicine services using a team approach. Depending on individual needs, each patient has access to specialists in radiology, rehabilitation services, occupational therapy, physical therapy, athletic training and nutrition. Dr. Kalliope Nestor, a physical medicine and rehabilitation specialist, also works closely with the Champion Team.

"This marks a new chapter for Champion Orthopedics and Sports Medicine where we can provide complete care from head to toe," notes Dr. Shifrin.

"Dr. Giannotti and Dr. Shifrin are incredible physicians and incredible people," says Dr. Foust. "I'm coming back to work with guys like that. They could be big names anywhere they choose to practice medicine. People don't understand what they have here – quality facilities and service. It's because of these guys and the entire staff of Champion Orthopedics."

Dr. Giannotti comments, "Dr. Foust's spine expertise will complete our musculoskeletal care. I'm ecstatic about working with him."

"There is top care here and people don't need to travel. Dr. Giannotti and Dr. Shifrin are far ahead of the curve. I can come here and be ahead of the curve in my field," Dr. Foust concludes.



**For more information, contact the
Champion Orthopedics Team,
814-274-0900**

Physician Profile: Dr. Terry Foust Orthopedic Surgeon Returns Home

Dr. Terry Foust joins the medical staff of Charles Cole Memorial Hospital on July 14. His primary office will be in the Champion Orthopedics and Sports Medicine suite in the Irwin Medical Arts Center on the Hospital campus. He will also see patients in Westfield, Olean, Port Allegany and Emporium.

Q. Dr. Foust, with your superb medical training and experience, you could have gone anywhere to practice your specialty. Why did you choose Charles Cole Memorial Hospital?

A. I was born and raised here. I love the area and I enjoy hunting, fishing and anything outdoors and I can do that here. But, more importantly, coming to Charles Cole Memorial Hospital offers me the chance to join an established group, Champion Orthopedics and Sports Medicine, with a good reputation. I can do what I want to do, orthopedic surgery with an emphasis on spine and trauma procedures. Many places can limit your scope of practice but here there is the opportunity to see the full spectrum of orthopedics you don't find elsewhere. There is top care here and people don't need to travel. In a small hospital, patients benefit from the personal touch and they know that they're more than just a number in a huge system. Dr. Giannotti and Dr. Shifrin are in-

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Leader's Column Meeting A Challenge

July is a big month at Charles Cole Memorial Hospital as we welcome two new health care providers who bring added depth to two established services.

Joining the Champion Orthopedics and Sports Medicine team is Dr. Terry Foust, a Coudersport native who is returning to his hometown as an orthopedic surgeon. His training and experience in the specialty area of spine surgery is a welcome addition to our orthopedic service line.

The Cancer Care team welcomes Tammy Huey, a certified nurse practitioner who will be working with Drs. Muuse and Dauphin in medical oncology and Dr. Meller in internal medicine. She brings years of cancer care experience to her new position.

These two new providers join a professional staff, unequaled in a small rural hospital. We're proud of our superb staff and we are acutely aware of the very real challenges we face in recruiting and retaining them in today's world.

Our Recruiter, Rose Bunch, tells us recruitment, especially in rural areas, can be difficult. We're choosing from a limited pool of professionals who are highly sought after. Our challenges are not unique. They're faced by all hospitals, even the large urban facilities. We are fortunate to be bringing such high caliber providers to our home area.

Our Board of Directors is committed to continue building our professional staff to meet the health care needs of the communities we serve. We are confident that we are furthering that commitment with the addition of these two new providers.

Ed Hardesty
Executive Director,
Medical Staff Relations

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Coudersport, PA 16915

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Nurse Practitioner Joins Cancer Care Team

It's a typical day at the Patterson Cancer Care Center. Oncology nurses Theresa Robinson and Marcia Austin move quietly between patients in the light-filled infusion room while just outside the windows, blue jays and gold finches entertain with their antics.



Oncology Nurse Theresa Robinson welcomes Nurse Practitioner Tammy Huey to the Cancer Care team.

On the other side of the building Radiation Therapists Jason Metzger and Todd Smith speak reassuring words to the patient behind the thick walls as they carefully monitor their computer screens.

"People need this service," says Tammy Huey, the

experienced Certified Nurse Practitioner who joined the Cancer Care Team earlier this month.

"I am excited about joining this team of committed and caring people," Tammy says. She comes to the Patterson Cancer Care Center from Health Services of Clarion, an outpatient cancer care center. Tammy brings with her years of nursing experience, working in an inpatient cancer unit and also with clinical cancer trials before completing her advanced degree. "My work as a nurse provided me with many opportunities to learn about the disease process," she noted.

Tammy joins a team of cancer care professionals "hand-picked" to share the special philosophy. The team hears daily from grateful patients and their caregivers, thankful they are able to access high quality treatment for their disease in a setting close to home.

When you don't feel well, even a short trip in the car can seem like 100 miles. Having both chemotherapy and radiation therapy available in Coudersport makes treatment easier. And, with the skyrocketing cost of gasoline, patients appreciate our location even more.

Tammy will be working primarily with the Cancer Care Center's medical oncologists, Dr. William Muuse and Dr. Serge Dauphin. She will also work closely with Radiation Oncologist Dr. David Moylan. "Tammy's years of experience with cancer treatment



will be a great benefit to our patients," Dr. Moylan said.

Tammy will be available to patients in the Cancer Care Center four days each week, helping to coordinate treatment and follow-up. "I feel at home with oncology and this feels like a nice fit," she concludes.



For more information, call the Cancer Care Center, 814-274-5555

At The Patterson Cancer Care Center

William Muuse, M.D.
Oncology
Serge Dauphin, M.D.
Oncology/Hematology
David Moylan, M.D.
Hans Baerwald, M.D.
Radiation Oncology

Rafael Meller, M.D.
Internal Medicine/
Gerontology
Jason Metzger
Radiation Therapist
Program Director
Todd Smith
Radiation Therapist

Tammy Huey, CRNP
Theresa Robinson, RN/OCN
Marcia Austin, RN/OCN
Lynn Collins, RN
Eileen Achey, RN
Valerie Tinder, RN
Ann Long, RN

John Coggins
Ben Carilli, Andy Salek
Fred McConnell
Pharmacy
Jodi Vossler
Department Secretary
Micki Merdian
Office Coordinator

Carol Christensen,
Janet Thierfelder, Walter
Fleet, Kitty Gordnier,
Nancy Lamb, Debbie
Ryan, Joe DeRenzis,
Liz Palmer, Phil Smith,
Mary Alice Wilkinson
Volunteers

Dr. Foust Interview

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credible physicians. The physician assistants and staff are also top notch and I have learned firsthand that is not found in larger health care systems. I'm coming back to work with professionals like those. It's perfect for me to be where I want to be and do what I want to do.

Q. Tell us about your medical training and experience.

A. I chose to do my orthopedic surgical training at Pinnacle Health System in Harrisburg because it ranks in the top two percent across the nation for volume of orthopedic surgical cases performed each year. They were recently named in the top 50 orthopedic centers in *USA Today's* yearly hospital rankings. During my time there, I participated in over 4,500 ortho cases with more than 1,500 spine cases. I felt that I could always choose to do more research but I only had five years to scrub in on cases and learn how to be a skilled and proficient orthopedic surgeon. That's why I chose a place that offered me the ability to do more cases than anywhere else in the country.

Q. You bring extensive experience in spine surgery to Charles Cole Memorial Hospital. Tell us how patients access this service.

A. A patient with back pain needs to be evaluated by his/her primary care provider before being referred to me. Candidates for spinal surgery are seeing their primary care providers and have been through a course of treatment that may have included physical therapy, injections, etc. They've had x-rays and MRIs to show that something needs to be fixed by surgery. This kind of patient typically has numbness in their legs, weakness, difficulty walking and other neurological issues. A patient with

Seeing The Difference: Vision Independence

The loss of vision is devastating. While many vision problems can be corrected by conventional methods, some patients have permanent vision impairments.

Common diseases that cause vision loss include Age-Related Macular Degeneration (most common cause of new blindness in people over the age of 65), Diabetic Retinopathy (most common cause of new blindness in people under the age of 65), Glaucoma, Retinitis Pigmentosa, Albinism, Retinal Detachments, etc. Patients with these ailments may benefit from the new Vision Independence Program at Charles Cole Memorial Hospital.

The Vision Independence Program was formerly under the leadership of Dr. Bruce May. When Dr. May retired, the Vision

Independence Program became dormant until Optometrist Dan Schott agreed to reinvigorate the program. Dr. Schott has acquired new diagnostic tools to complement the highly-specialized equipment in the Center and is excited about offering this valuable new service.

The goal of the Vision Independence Program is to re-teach patients with visual impairment how to perform activities of daily living. These may include reading, watching television, cooking/preparing

food, traveling, sewing, using the telephone and other activities.



For more information, call the Irwin Rehabilitation Center, 814-274-6180


back pain should make an appointment with their primary care provider for evaluation. At Charles Cole Memorial Hospital, patients can be confident that they will stay within our system and have the referrals they need - whether it's to the physical medicine specialist Dr. Kaliope Nestor or to the extensive rehabilitation services or to me for orthopedic surgery. That's the personal touch - patients stay within the system.



For more information, call Dr. Terry Foust, 814-274-0900

Anniversary Fun Facts

- Donald Porter was the Hospital's first executive director.
- Galetonian Henry Lush was President of the Hospital's Board of Directors when the new Hospital opened in 1967. Lush still serves on various Hospital committees.



CELEBRATING

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OF CARING FOR OUR COMMUNITIES